

Preparation Time: 10 mins

Cooking Time: 15-20 mins

Makes: 16

Difficulty: Easy

INGREDIENTS

8 bacon slices (thin)
16 Medjool or Deglet Noor Dates, pitted
113 grams/3-4oz goat cheese
16 toothpicks
Oil or a mix of honey with a dash of
cognac or bourbon

Variations

- Add pecans or almonds
- Mascarpone and feta are good alternative cheeses

Bacon

Thin bacon is best for cooking consistency. If using medium-thick it's recommended to lightly precook.

DIRECTIONS

- 1. Preheat oven to 375f/190c
- 2. Line a rimmed baking tray with parchment
- 3. Slice the dates lengthwise to create a small opening, then stuff with goat cheese.
- 4. Wrap the bacon around the date. It should overlap by half.
- 5. Push a toothpick through the middle of the date to hold the end of the bacon in place.
- 6. Place the dates on the tray, with the bacon end face down and not too close together. Lightly brush with oil or for a beautiful glaze a mix of honey and bourbon/cognac.
- 7. Cook for 15-20 mins, turning every 5 mins until the bacon is cooked to your liking.

Thicker Bacon Precook Instructions

On a rimmed baking tray with parchment paper, lay out the bacon and cook on 375f/190c for 10 mins or until pliable, but don't let it get crispy.

Types of Dates

Medjool Large, plump, with a maple flavor

Deglet Noor Subtler in sweetness, slightly nutty. Great for snacking

Barhi Fragile, extremely soft & sweet. Hard to find, suitable for snacking only Khadrawi Goey, very sweet, prone to sugaring. Great for baking, shakes, smoothies.

Halawi Small, buttery, deep caramel flavor.

If possible, buy your dates with the seeds inside as they are more moist.