

Preparation Time: 10 mins

Cooking Time: 2 hours

Serves: 6-16

Difficulty: Easy

INGREDIENTS

Prime Rib/Rib Eye Roast Fresh Rosemary 4 teaspoons minced garlic Salt and Pepper Sweet or Smoked Paprika Olive Oil

Note: Prime Rib meat is also known as Rib Eye Roast



DIRECTIONS

3 Hours Prior to Cooking

- 1. If your butcher has not already, turn roast over and cut the rib section bone) keeping it as one piece.
- 2. Tie ribs back on to bottom of roast with string.
- 3. Rub olive oil all over the roast.
- 4. Season with salt, pepper, and paprika rubbing into the meat
- 5. Using a basting brush, coat the top and sides of the roast with minced garlic.
- 6. Drizzle base of roasting pan with olive oil.
- 7. Place the roast fat side up in the roasting pan.
- 8. Place rosemary around base of pan and secure rosemary under string.
- 9. Lightly cover the roast and set in cold oven for 3 hours for the roast to reach room temperature. This ensures more even cooking of the roast.

Cooking the Roast

- 10. Heat oven to 500F, cook at that temperature for 15 mins.
- 11. Reduce over to 325f.

Calculate your cooking time: Rare 11-12 mins per pound, medium-rare 13-15 mins per pound.

12. Rest for 20 minutes before cutting and serving.

Note: best results are not to remove excess fat as this is what provides the exceptional flavor for the roast.